



Laser Hair Removal Pre-Treatment Care

1. The area to be treated must be clean-shaven. Unshaven clients will be rescheduled
2. Try to avoid UV exposure for 7 days prior to your treatment
 - a. Clients who are sunburned or tanned must wait 2 weeks to avoid additional skin damage
 - b. Avoid sunless tanning products 7 days prior to your treatment
3. If using numbing cream, apply it 40 minutes prior to your treatment
4. Come to the appointment with clean skin in the area to be treated - no makeup on the area to be treated
5. Avoid chemical peels and other laser procedures for 2 weeks prior and 2 weeks after your treatment
6. Avoid all alpha hydro and beta hydroxyl products (AHA/BHA), hydroquinone, retinols/retinoid, Tazorac, and Differin for 7 days prior to treatment
7. If you are prone to cold sores, it is highly recommended to take an antiviral medication (such as Valtrex) prior to your treatment. Clients with active cold sores will not be treated.
8. Clients who have used Accutane or similar products within the last 6 months CANNOT have laser hair removal treatments.
9. If you have Botox or dermal fillers in the area to be treated, wait 14 days before and after the injections to receive treatments.
10. Some antibiotics increase photosensitivity, let us know if you are taking a long-term antibiotic. Depending on the antibiotic, you may need to wait 7 days before laser treatment.

What to Expect From Your Treatment

1. During your treatment you can expect slight discomfort, similar to a rubber-band snap on your skin. A prescription numbing cream is available for purchase if you prefer.
2. You may experience slight redness, bumps, and swelling in the treated area for up to 72 hours. If these conditions persist, topical creams such as Restorative Gel (highest recommended), aloe, calamine or otc hydrocortisone may be applied.
3. Allow a minimum of 7 to 14 days post treatment for hair to “fall out” or shed from the skin
4. On average, clients experience up to 30% reduction after each treatment
5. For best results, discuss timing of your visits with the technician
6. Be advised, clients may not bring children under the age of 12 to their appointments